

Annual South West Ambulance FREE RESUSCITATION & DEFIBRILATOR TRAINING

THURSDAY 10TH OCTOBER, CROYDE VILLAGE HALL
6.45PM, TRAINING SESSION BY ANDREW PAINTER



Undertake an annual update of simple skills needed to save a life

**FRIENDLY AND RELAXED ATMOSPHERE, TEA & COFFEE
ALL AGES WELCOME**

“Every minute without CPR and Defibrillation reduces the chances of survival by 10% Cardiac arrest can happen to anyone, anywhere, at anytime. In an emergency CPR can’t wait”